

Dip Dyeing

Natural food dyes

- Black beans - blue
- Red cabbage - purple
- Beetroot - pink
- Avocado skins - peach
- Onion skins - yellow
- Spinach - green

Ask for help to make the dye. To make a natural dye, choose a food and boil in a pot with a little salt and water for around an hour. Leave to cool before use.



Get ready to dye fabric by wearing old clothes and plastic gloves. Do it outside or somewhere it is easy to clean up.

Begin by pouring your dye into a plastic tub. The tub needs to be large enough to fit the dye and fabric in without overflowing.

1. Put one end of the fabric in the dye and hold the other end out.

2. After a short time you will see the dye start to climb the fabric. Leave it for a while longer.

3. Hang your fabric to dry with the undyed bit at the top or your dye may run down.

4. You could try double dip dyeing with 2 colours.

Hapazome



1. Work on a strong, flat surface. Lay out your fabric without any wrinkles. Arrange your flowers and leaves on just half of your fabric.

2. Fold the fabric in half, trapping the flowers and leaves in the middle. Use a smooth stone to gently pound them so their dyes leak out.

3. Carefully peel apart the fabric. The leaves and flowers will have stuck to the fabric. Gently pull them off. Be careful not to rub, then the dye spreads.

Collect fresh leaves and flowers from the garden or park. It is best to use things you find instead of picking them if you can.

